

DESERET PEAK DISTRICT #8

Den Leader Section

April 2017 Roundtable Handout For:

SCOUT LAW:

Clean

THEME:

A Picnic with
Pizzazz



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Clean

A Scout is Clean. The words “Cub Scouts” and “Clean” in the same sentence seem like an oxymoron to me but being clean is important to ourselves and the communities and places we visit. Keeping ourselves clean both in mind and in body are essential to building the character of a young man. Good hygiene keeps the spreading of germs and most diseases. Keeping our campsites clean of debris and garbage wards off potential unwanted guests like bears, raccoons, and mountain lions. There really is no better feeling than to know your body and campsite are clean and orderly...similar to our homes being clean and organized. If the Cub Scouts learn this then you will have some very happy parents indeed.

Source: Adam Mauchley, Deseret Peak District, Tooele, UT

A Picnic with Pizzazz!

It takes more than ANTS to hold a Picnic with Pizzazz! We wouldn't want to get ZZZZAPPED by lightning because we didn't take care of our adult training like BALOO, OWL, and Weather Hazards. Some of these trainings do expire so please look at your “my.scouting.org” account often and re-train if needed. When planning your outside activities please be sure to run through the list of Age Appropriate

Source: Adam Mauchley, Deseret Peak District, Tooele, UT

GATHERING

Fill in the blanks:

Outdoor Code

As an _____, I will do _____ to—

Be _____ in my _____ manners

_____ careful with _____,

Be _____ in the _____, and

_____ conservation _____.

Source: Adam Mauchley, Deseret Peak District, Tooele, UT

Unscramble the **Cub Scout Six Essentials** to any outdoor event:

Akrftiidist

Lftlhghisah

Diflle rweta tltebo

Itlar oodf

Uns nerpoticto

lewihts

Source: Adam Mauchley, Deseret Peak District, Tooele, UT

Match the **Leave No Trace Principles** for Kids:

- | | |
|----------------|----------------------|
| 1. Know before | a. With fire |
| 2. Choose the | b. To other visitors |
| 3. Trash | c. Right path |
| 4. Leave | d. Your trash |
| 5. Be careful | e. Wildlife |
| 6. Respect | f. What you find |
| 7. Be kind | g. You go |

Source: Adam Mauchley, Deseret Peak District, Tooele, UT

CEREMONY

Requirements: blue and yellow face paint

Blue & Gold Opening Ceremony with Pizzazz

Den Leader/Cubmaster: (Asks each of the Cub Scouts to come to the front of the room); We have come to celebrate the birth of Cub Scouting today with PIZZAZZ!

On each of the boys, the leader will paint 2 stripes of blue and 2 stripes of yellow in any design that is appropriate. As the blue paint is being painted on the face of the Cub Scout the Leader should say something like:

Den Leader/Cubmaster: The blue this evening will remind each of the Cub Scouts to develop VALOR or courage in overcoming their fears and to have fun in all things.

As the yellow paint is being painted on the face of the Cub Scout the Leader should say something like:

Den Leader/Cubmaster: The yellow this evening will remind each of the Cub Scouts to be SERVICE-minded.

Important: If after the meeting, the siblings of the Cub Scouts want a blue and yellow stripe on their face, with the approval of their parents, make time to do this as it will inspire them to want to be in Cub Scouts one day!

Source: Adam Mauchley, Deseret Peak District, Tooele, UT

CHEERS

Detergent cheer: Is it Tide? NO! Is it Cheer? NO! Is it All? NO!

Is it FAB? YES! Fabulous!

www.retiredscouter.com

Picnic: Make like the army of ants who came to eat up your picnic lunch. Hold out left arm with two fingers of right hand walk them down toward hand while saying "Hup, two, three, four." When fingers reach opened palm grab them while saying "Gotcha!"

www.retiredscouter.com

RUN-ONS AND SKITS

A Scout Is Clean

Have Scouts hold up each letter of the word CLEAN that have been drawn on five half-sheets of poster board.

Cub Scout 1: "C—A Scout **cares** for the land."

Cub Scout 2: "L—A Scout **leaves** no trash behind."

Cub Scout 3: "E—A Scout **encourages** others to help as well."

Cub Scout 4: "A—A Scout **appreciates** healthy foods grown by our farmers."

Cub Scout 5: "N—A Scout **now** asks you to prepare yourself for the prayer."

<http://www.scouting.org/filestore/cubscouts/pdf>

OUTDOOR ACTIVITY

Frisbee Baseball

No need for a bat and ball. Use a Frisbee instead. The 'batter' throws the Frisbee as far as they can before running around the bases, while the fielding team aims to retrieve it and stump the player out before they can make a home run.

Source: Virginia Graff, Deseret Peak District, Tooele, UT

Ladder Golf

Space the game **ladders** about 15 feet apart and start tossing your bolas. Each player tosses all 3 bolas, then the next player tosses all 3 bolas. The first one to 21 without going over is the winner! The top rung is worth 3 points, middle is 2 and bottom rung is worth 1 point.

Source: Virginia Graff, Deseret Peak District, Tooele, UT

RESOURCES

<http://www.deseretpeakcubscouting.com>

This is for our district. Find past issues of our district roundtable handouts, announcements, upcoming events

<http://www.saltlakescouts.org>

This is for our Council (we are the Great Salt Lake Council) – find local and current events. Find info on activity & trail patches by finding programs on the left, then cub scouts, then activity and trail patches.

<http://www.scouting.org>

This is the BSA official website.

<http://cubscouts.org/>

Need a little inspiration? Check out the Cub Hub! Posts from all sorts of social media about Cub Scouting all gathered in one place.

www.my.scouting.org

This is the official website to track your leadership training accomplishments like “Youth Protection” and “Leader Specific Training”.

<http://www.scouting.org/STEM.aspx>

This is the website for all of the essentials to the STEM program for all families of scouting.

<http://www.scouting.org/scoutsource/outdoorprogram/aquatics.aspx>

Use this website to find all kinds of aquatic helps required and suggested by the Boy Scouts of America.

BREAKOUT TRAINING: Cub Scout Hiking

With Spring approaching rapidly we should focus our attention on holding activities outdoors. Since we are preparing our Cub Scouts to be Boy Scouts one day, we should make sure that our outdoor activities include hikes. Many lessons of life can be taught during short and long hikes. I remember learning as a young Scout the importance of pacing myself, fulfilling goals, and being prepared as I participated on many hikes.

As leaders we need to make sure we have the proper training in place before encountering the outdoor activities. Some of these trainings, like Weather Hazards, can be done in online and expire within a 2 year time. Other trainings like BALOO training require classroom training and can be a great source for asking questions and sharing ideas. Once the training is complete begin to fine tune your plans and assure fun and excitement in your hiking event.

Safety is key. It is important as Leaders to know the area that you will be hiking. It is equally important that the parents have a way to communicate with you or their boys in case of an emergency. As Cub Scouts their hiking trip should not be long and drawn out. For a Tiger Cub, the hike should be no more than one (1) foot long. Yes, you read right, one foot. For both Wolf and Bear Cubs, they can go 1 mile.

Before the hike, spend some time as a Den preparing. Be sure each of the Cub Scouts understands the Outdoor Code, Leave No Trace principle, and the 6 essentials for an outdoor activity. Take some time to gather the 6 essential items needed. Discuss why each item is essential and be sure each Cub Scout knows how to use them. Make sure you have adequate leaders and that the “Hiking Rules” are discussed and followed. The rules are as follows:

1. One adult should be in the front and one in the back, with slower hikers toward the front.
2. Always use the buddy system.
3. If you are trail-hiking, always stay on the trail.
4. Keep with the den.
5. Be courteous to other hikers.
6. AND HAVE FUN!

It is essential on each hiking trip that you give time for Cub Scouts to observe nature and talk amongst themselves. Be sure to pack a lunch and spend time writing down things they see, hear, smell, and touch. Have them report about their trip in their next Pack Meeting. If you have the ability to do so, take pictures and create a collage to be presented at Pack Meeting. Be sure to bring garbage bags along with you and pick up the trash along the way. Unfortunately, there is usually quite a bit of trash no matter where you go.

ADVENTURE TRAINING AND DISCUSSION



We will go over requirements #1 & 2 which read:

Identify three good food choices and three foods that would not be good choices.

With your adult partner, plan and make a good snack choice or other nutritious food to share with your den.

This adventure will introduce or reinforce healthy eating habits, including making the right food choice, practicing good hygiene, focus on good manners at mealtime and give each Tiger an opportunity to perform a useful service for his family.



We will go over requirement #2 which reads:

Work with your den to develop a den duty chart, and perform these tasks for one month.



We will go over requirement #2 which reads:

Attend a campfire show, and participate by performing a song or skit with your den.