

Cub Scout Den

Activity Book

Local places to go & things to do

IMPORTANT REMINDER

NEVER take Cub Scouts/Webelos anywhere without a signed permission slip from parents. OR leave the council boundaries without filing a Tour Plan.

There are many more places to go & things to do that correlate with the Cub Scout Themes, this starter list should give you some starting ideas. *Distances are measured from the Stansbury Park Area.

(Note this list was compiled a while ago so be sure to call and make arrangements ahead of time)

1. Citizenship

State Capital Building-

350 North State Street, Salt Lake City, UT 84103

801-538-1800 - capitoltours@utah.gov

Tours start on the hour and run from 9:00 a.m. to 4:00 p.m. Monday - Friday, with the exception of state holidays. Tours are also available by reservation on Wednesday evenings at 6:00 and 7:00 p.m. Please call

for tour availability. Tours begin inside the east doors of the Capitol on the first floor and last 45-minutes to one hour.

Distance: 26 miles

Cost: Free

Hill Air Force Base Museum - (see Courage)

Tooele Fire Station - (see Courage)

2. Compassion

Cottage Glen Assisted Living-

1892 North Aaron Drive, Tooele

Visit the residents and sing songs for them, or bring handmade greeting cards, warm socks, word puzzle book, small fruit basket, or handmade seasonal decoration for their wall.

Call (435) 882-7990 to schedule a visit.

Distance: 6.5 miles

Cost: FREE

Tooele City Animal Shelter-

3312 N 1200

W., Tooele

(435) 882-4607

Bake healthy dog biscuits, then deliver and offer to walk some dogs. As usual, arrange ahead of time.

Distance: 6.6 miles

Cost: Free

Basic Dog Biscuits

These basic biscuits can be customized to cater to your canine's palette

Ingredients

- 2 ½ cups whole wheat flour (substitute regular flour or oats if your dog is sensitive to wheat)
- 1 tsp. salt (or less)
- 1 egg
- 1 tsp. Beef or chicken Bouillon granules (can substitute beef or chicken broth/stock)
- ½ cup hot water

Optional Add ins

- Bacon or chicken broth, eggs, oats, liver powder, wheat germ, shredded cheese, bacon bits

Directions

1. Preheat oven to 350 degrees
2. Dissolve bouillon in hot water
3. Add remaining ingredients
4. Knead dough until it forms a ball (approximately 3 minutes)
5. Roll dough until ½ inch thick
6. Cut into slices or bone shapes (you can purchase a bone shaped cookie cutter to make shapes with)
7. Place dough pieces on lightly greased cookie sheet
8. Cook for 30 minutes

3. Cooperation

Pegasus Event Center - Horse Arena

291 Race Street, Grantsville

Iso Vernon – (435) 850-9510

Basic horse instruction and riding can be taught for the boys to earn the Horse Riding Beltloop.

Distance: 9 miles Cost: \$25 per horse per hour. 4 horses can usually be sufficient for 20 boys for a space of 2 hours

Canoeing at Stansbury Lake-

Canoeing is a great activity that teaches cooperation. If you know someone that has canoes and supplies needed for canoeing, including most importantly, lifejackets, ask if they would be willing to come teach the boys basic canoeing skills. Go over basic water safety skills first-- found in Bears book 11B, Wolf Book elective 20B, Webelos Book Aquanaut 6/7.

Distance: 1.6 miles Cost: Free

4. Courage

Hill Air Force Base-

7961 Wardleigh Rd, Building 1955 Hill AFB, UT

<http://www.hill.af.mil/library/factsheets/factsheet.asp?id=5619>

Hill Aerospace Museum offers a variety of exciting educational programs. The above website has scavenger hunt printouts for kids of all ages to do while at the museum. If you would like to know more about these programs or wish to schedule an outreach presentation, please contact their Education Coordinator at (801) 777-0312.

Distance: 54 miles Cost: Free

North Tooele County Fire Station-

179 Country Club – (435) 882-6730

Call ahead for guided tour. Let them know what group of Cub Scouts are visiting so the Scouts can get all their requirements accomplished.

Distance: 1.3 miles Cost: Free

5. Faith

Temple Square-

Take a tour at the Visitor's Center, Conference Center, Beehive House or take a garden tour. Walk through the Museum of Church History & Art, Family History Library, or Church History Library. Watch the film showing at the Legacy Theatre in the Joseph Smith Memorial Building, or listen to a concert in the Tabernacle or other venue.

For more information, go to:

<http://www.visittemplesquare.com/>

Distance: 27 miles Cost: FREE

Cathedral of the Madeline-

Tour the SLC Catholic Cathedral built from 1900-1909. Call ahead for tour times.

331 E. South Temple Phone: (801) 328-8941

Distance: 27 miles Cost: Free

Pioneer Museum- (see Perseverance)

6. Health & Fitness

Settlement Canyon Reservoir Hike-

Drive South thru Tooele on Main Street. Once you get to the south end of town, and the road veers right, you'll see a light-colored brick building (A Masonic Temple) on Settlement Canyon Road. Turn left onto that, turn left off of Main Street and you will see the reservoir up ahead. You can park in the area before the pay booth and walk to the reservoir. There is a trail that you can walk around the reservoir. About 1 mile.

Distance: 10.4 miles Cost: Free

Tooele City Police Department-

323 N. Main Street Distance: 8 miles

Call Steve Downs at (435)882-8900

or Tooele County Sheriff's Department –

200 Millpond (435) 843-4728

Distance: .5 mile Cost: Free

Nature Walk/Trash Pickup- (see Respect)

Create your own Triathlon-

In the Church building parking lot, or around an adult supervised course through the neighborhood, lay out a

running course, a biking course, and instead of swimming, do basketball free-throws or weight-lifting reps, or whatever other sport you would like to come up with.

Distance: Zero Cost: Free

7. Honesty

Tooele County Jail-

(435) 882-5600

Contact directly. Learn and observe what goes on behind the scenes. Register through the web site <http://www.tooelecountysheriff.org/jailtours.htm>

Distance: 8.75 miles Cost: Free

8. Perseverance

Ice Skating at the Utah Olympic Oval-

5662 Cougar Lane, Kearns – (801) 968-6825

<http://utaholympiclegacy.com/> (then click on venues) Ice skating or hockey skating is difficult at first and teaches scouts perseverance to keep trying.

Distance: 23 miles Cost: Scouts-\$5.50 (which includes skate rental) Leaders-\$6.50 OR group package rates for 20+ people: Gold Package - \$6.50/person includes admission, skate rental, ice cream sandwich and drink. Silver Package - \$4.50/person includes admission and skate rental.

Pioneer Museum, Daughters of Utah Pioneers-

300 N. Main Street, SLC – (801) 532-6479

<http://www.dupinternational.org/>

Here are the belongings of a hardy pioneer people who migrated 2,000 miles west across the plains from Nauvoo, Illinois, and from all parts of the world to seek religious freedom and to build a great city in the Salt Lake Valley.

Distance: 27 miles Cost: Free

9. Positive Attitude

Any hike in one of our local parks where trash is gathered. Cost:free

10.Resourcefulness

Tooele Waste Management Dept.-

2830 S. Bauer Rd, Tooele – (435)833-9520

Contact: Robert Warner

Schedule a tour of Tooele's recycling & sorting process.

Distance: 13.75 miles Cost: Free

Green Box Recycling-

1500 W Atlas Way, Tooele – (435) 882-2222

Site where metal is recycled and melted down. Call to schedule a time to tour their facility and processes

Distance: 11.5 miles Cost: Free

11. Respect

Cottage Glen Assisted Living – (see Compassion)

Lake Point, Grantsville or Tooele Cemeteries-

The Grantsville and Tooele Cemeteries have some old and locally notable personages. It'd be nice to come prepared to do some cleanup work. IE: scrub headstones with soapy water, cut overgrowing grass on flat headstones, pull weeds or remove trash.

Lake Point: 7468 Mountain View Rd , Lakepoint (small, but old) Distance: 3 miles Cost: Free

Tooele: 361 South 100 East – (435)843-2140 (1860 to current) Distance: 9.3 miles –or- Tooele's 1st Cemetery:

Hwy 36 south of Tooele .4 miles past Main and 400

South (1850 -1867) Distance: 9.5 miles Cost: Free

Grantsville: 380 West Main Street, Grantsville (435)884-3411 (1854 to current) Distance: 10.5 miles Cost: Free

Nature Walk/Trash pickup-

Choose a back country road in Erda (3 miles), or drive to

Middle Canyon (11 miles) & pick up trash (wear gloves)

while singing silly songs. Cost: Free

12. Responsibility

Tooele Transcript Bulletin-

58 North Main Street, Tooele

(435) 882-0050 Contact: Clayton Dunn

Newspapers must be responsible to print accurate, pertinent, and timely news. Arrange a tour to learn about the printing process as well as the news-gathering process.

Distance: 8.6 miles Cost: Free

Heritage West Credit Union-

562 N Main St, Tooele (435) 833-7200

Credit Unions & Banks have a great responsibility to keep other people's money safe. Set up a tour to see how they do that. Please give 2 weeks' notice.

Distance: 8 miles Cost: Free

Wells Fargo Bank-

204 North Main, Tooele - (435) 882-0411

Distance: 8.4 miles Cost: Free